

#### Seafish FMIG – 5<sup>th</sup> October 2023

# Fishy Falsehoods

**Debunking Myths About the Fishing Industry** 

Ian R. Napier (UHI Shetland)





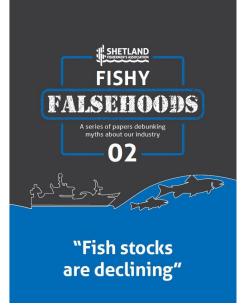


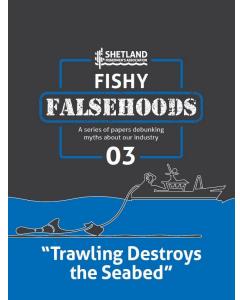


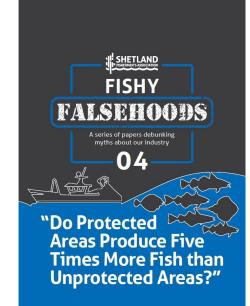
- "There will be no fish left by 2048"
- "Trawling produces more CO<sub>2</sub> than aviation"
- "Fish Stocks are declining"
- "Trawling destroys the sea-bed"
- "Marine protected areas produce five times more fish than unprotected areas"

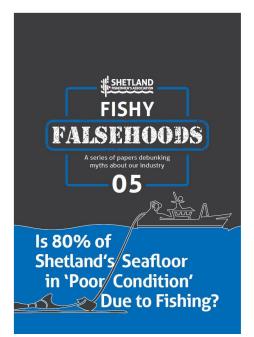


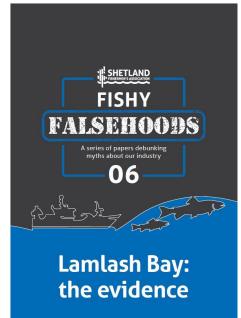


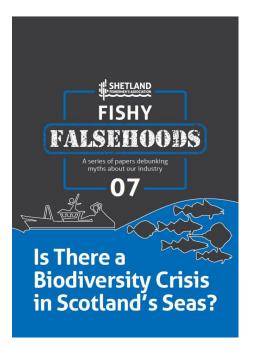












https://www.shetlandfishermen.com/papers/fishy-falsehoods



#### The science of sustainable seafood, explained

Home

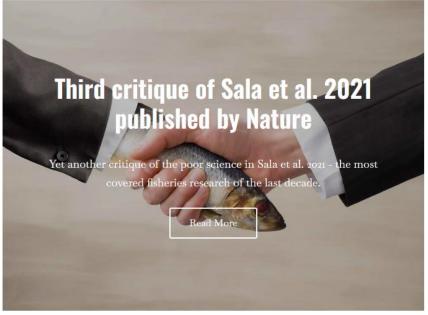
About Us -

Start here

Seafood 101

**Fact Checks** 

Information -



#### More recent important science:

#### More scientific explainers:

#### Buying Sustainable Seafood: A new shopping guide for the grocery store

Read our guide to confidently buy sustainable seafood at your local grocery store without pulling out your phone to look something up.

#### Fish populations around the world are improving

A cornerstone paper assembling data from around the world shows that fish populations, representing half of seafood, are improving. Fishery management works.

#### The future of food from the sea, explained

In 2050, Earth will need a lot more food to feed 2 billion more people. A landmark study calculates how much the ocean can supply sustainably.

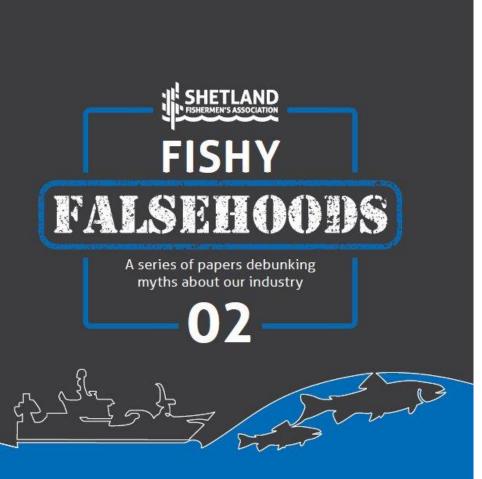
What kind of MPAs are most effective to reduce

#### https://sustainablefisheries-uw.org/



https://www.facebook.com/sff.uk

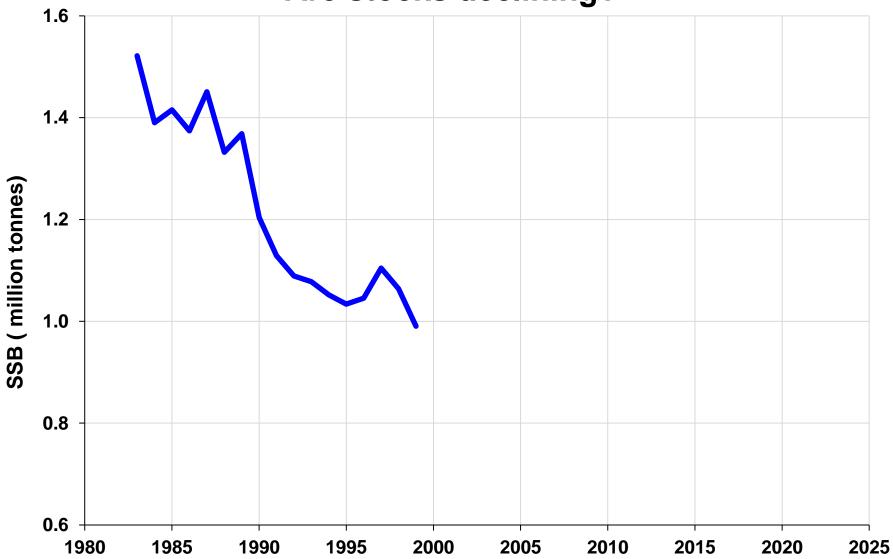




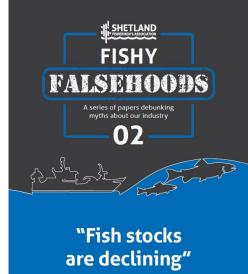
"Fish stocks are declining"



#### Are stocks declining?

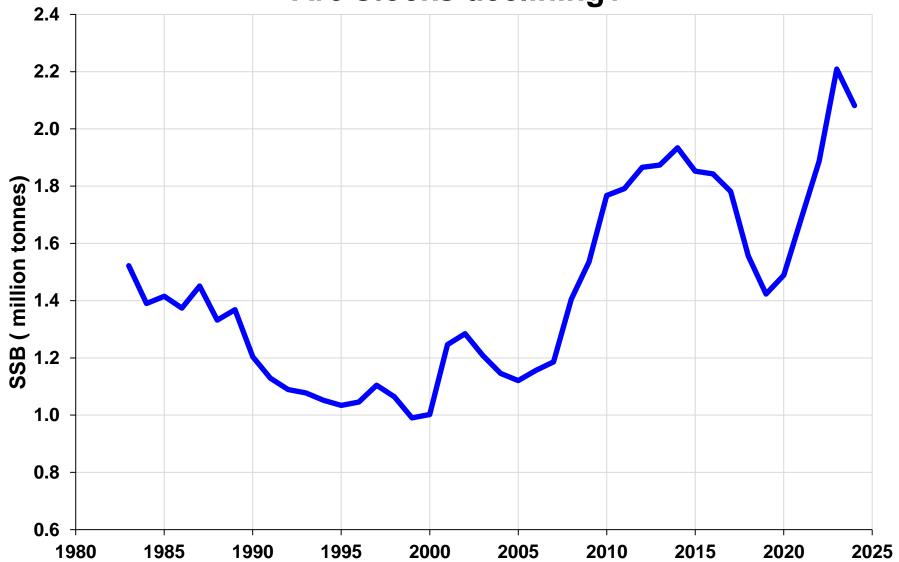


Total spawning stock biomass (SSB) of seven stocks for which long-term time-series are available (ICES data).

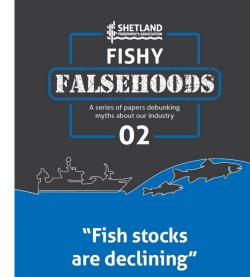




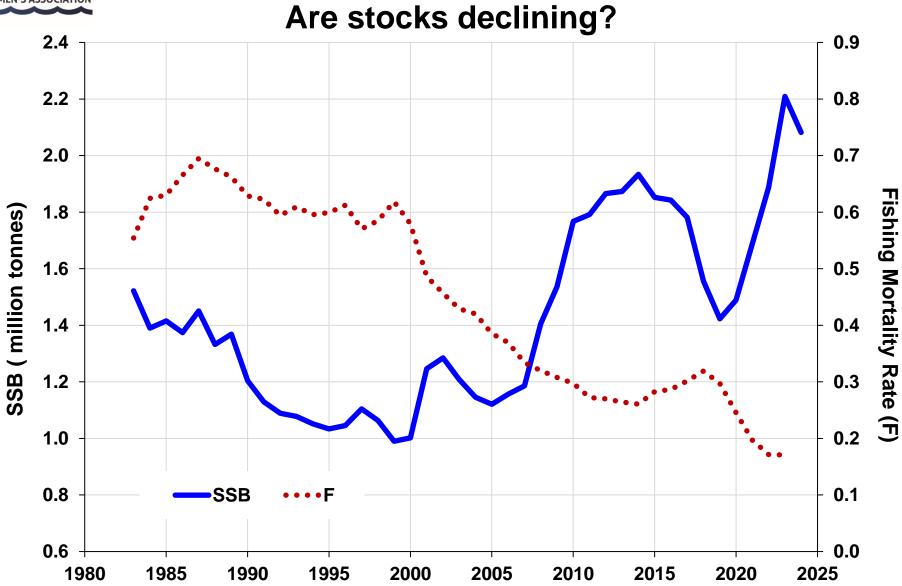
#### Are stocks declining?



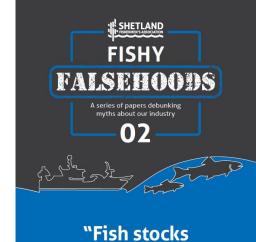
Total spawning stock biomass (SSB) of seven stocks for which long-term time-series are available (ICES data).



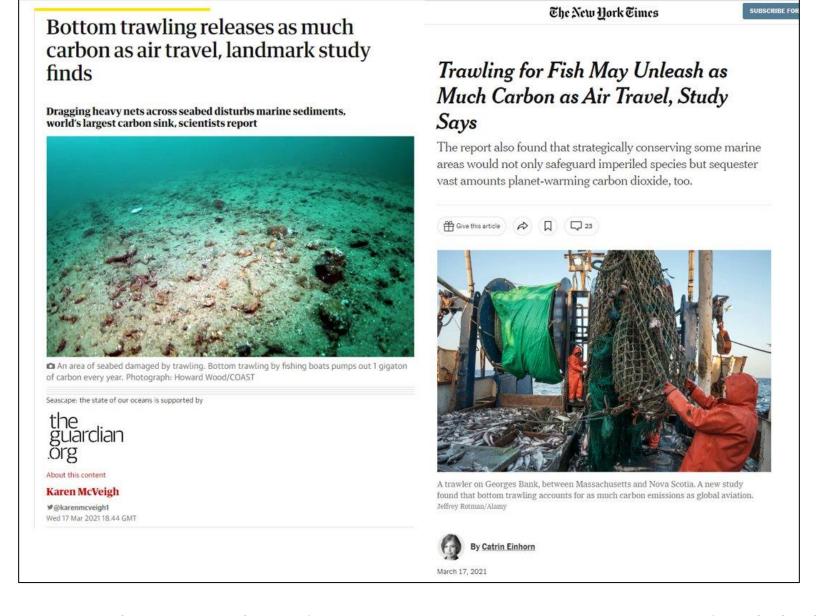




Total spawning stock biomass (SSB) and average fishing mortality rate (F) of seven stocks for which long-term time-series are available.



are declining"



FISHY

FALSEHOODS

A series of papers debunking myths about our industry

O1

"Fishing releases more CO<sub>2</sub> than aviation"

- ◆ Theoretical study
- ♦ Very general assumptions / guesses
- ◆ Crude global scale (50km rectangles)
- ♦ No comparison with air travel



# Officially bogus: Bottom trawling does not release as much carbon as airline travel

Max Mossler June 14, 2023

Remember the headlines that claimed bottom trawling released as much carbon as all of air travel? We thought those claims were probably bogus when first reported, but Hiddink et al. 2023, a response paper published May 2023, now makes those claims Officially Bogus.

The original headlines came from Sala et al. 2021, a paper published in



more CO<sub>2</sub> than

aviation"

#### Protecting the global ocean for biodiversity, food and climate

https://doi.org/10.1038/s41586-021-03371-z

Received: 19 December 2019

Accepted: 18 February 2021

Published online: 17 March 2021

Check for updates

Enric Sala Duan Mayorga Darcy Bradley, Reniel B. Cabral, Trisha B. Atwood, Arnaud Auber<sup>4</sup>, William Cheung<sup>5</sup>, Christopher Costello<sup>2</sup>, Francesco Ferretti<sup>6</sup>, Alan M. Friedlander<sup>1,7</sup>, Steven D. Gaines<sup>2</sup>, Cristina Garilao<sup>18</sup>, Whitney Goodell<sup>1,7</sup>, Benjamin S. Halpern<sup>o</sup>, Audra Hinson<sup>3</sup>, Kristin Kaschner<sup>8</sup>, Kathleen Kesner-Reyes<sup>10</sup>, Fabien Leprieur<sup>11</sup>, Jennifer McGowan<sup>12</sup>, Lance E. Morgan<sup>13</sup>, David Mouillot<sup>11</sup>, Juliano Palacios-Abrantes<sup>5</sup>, Hugh P. Possingham<sup>14</sup>, Kristin D. Rechberger<sup>15</sup>, Boris Worm<sup>16</sup> & Jane Lubchenco<sup>1</sup>

The ocean contains unique biodiversity, provides valuable food resources and is a major sink for anthropogenic carbon. Marine protected areas (MPAs) are an effective tool for restoring ocean biodiversity and ecosystem services<sup>1,2</sup>, but at present only 2.7% of the ocean is highly protected3. This low level of ocean protection is due largely to conflicts with fisheries and other extractive uses. To address this issue, here we developed a conservation planning framework to prioritize highly protected MPAs in places that would result in multiple benefits today and in the future. We find that a substantial increase in ocean protection could have triple benefits, by protecting biodiversity, boosting the yield of fisheries and securing marine carbon stocks that are at risk from human activities. Our results show that most coastal nations contain priority areas that can contribute substantially to achieving these three objectives of biodiversity protection, food provision and carbon storage. A globally coordinated effort could be nearly twice as efficient as uncoordinated, national-level conservation planning. Our flexible prioritization framework could help to inform both national marine spatial plans4 and global targets for marine conservation, food security and climate action.

and genetic resources that provide ecosystem services of enormous value to humans<sup>2,5</sup>. However, increasing anthropogenic effects are compromising the ability of the ocean to provide these services 6,7 and have motivated a global discussion about expanding the world's system

MPAs-especially highly protected areas in which extractive and destructive activities are banned<sup>8,9</sup>-can be effective management tools to safeguard and restore ocean biodiversity and associated services 1,2,10, complement conventional fisheries management and contribute to the mitigation of climate change by protecting marine carbon stocks11. Yet as of March 2021, only around 7% of ocean area has been designated or proposed as MPAs, and only 2.7% is actually implemented as fully or highly protected3. This low level of ocean protection is explained in part by conflict between protection and extraction stemming from

The global ocean is a trove of biodiversity, containing unique life forms can simultaneously yield benefits for biodiversity conservation, food provisioning and carbon storage.

Previous efforts to identify global conservation priorities in the ocean have primarily focused on narrow definitions of biodiversity and ignored other key facets such as functional roles, evolutionary histories of species and unique community assemblages 12,13. Perhaps more importantly, focusing on a single objective in a multi-use ocean often results in strong trade-offs that hinder real-world conservation action. To overcome these problems, we developed a comprehensive conservation planning framework to achieve multiple objectives: biodiversity protection, food provisioning and carbon storage. The framework considers human impacts that are abatable through highly or fully protected MPAs (that is, protection from fishing, mining and habitat destruction) and those that are un-abatable with those tools14 (for example, nutrient pollution, ocean warming and acidification). perceived trade-offs. Rather than viewing protection versus extraction and it seeks to maximize the difference made by protection relative as a zero-sum game, we ask whether strategic conservation planning to a business-as-usual scenario (that is, a world without additional

Pristine Seas, National Geographic Society, Washington, DC, USA. Penvironmental Market Solutions Lab, University of California Santa Barbara, Santa Barbara, CA, USA. Department of Watershed Sciences and Ecology Center, Utah State University, Logan, UT, USA. "IFREMER, Unité Halleutique de Manche et Mer du Nord, Boulogne-sur-Mer, France. "Changing Ocean Research Unit Institute for the Oceans and Fisheries. The University of British Columbia, Vancouver, British Columbia, Canada, \*Department of Fish and Wildlife Conservation, Virginia Polytechnic Institute and State University, Blacksburg, VA, USA, 7Hawai'i Institute of Marine Biology, Käne'ohe, Hi, USA, 9Evolutionary Biology and Ecology Laboratory, Albert Ludwigs University, Freiburg, Germany. "National Center for Ecological Analysis and Synthesis (NCEAS), University of California, Santa Barbara, CA, USA. "Quantitative Aquatics, Los Baños, The Philippines." MARBEC, Université de Montpellier, Montpellier, France. The Nature Conservancy, Arlington, VA, USA. Marine Conservation Institute, Seattle, WA, USA. Centre for Biodiversity and Conservation Science (CBCS), The University of Queensland, Brisbane, Queensland, Australia. Dynamic Planet, Washington, DC, USA. Ocean Frontiers Institute, Dalhousie University, Halifax, Nova Scotia, Canada. Toregon State University, Corvallis, OR, USA. TGEOMAR Helmholtz Centre for Ocean Research Kiel, Kiel, Germany. Te-mail: esala@ngs.org

Nature | Vol 592 | 15 April 2021 | 397

#### **Matters arising**

#### Quantifying the carbon benefits of ending bottom trawling

https://doi.org/10.1038/s41586-023-06014-7

Jan Geert Hiddink¹⊆. Sebastiaan J. van de Velde<sup>2,3</sup>. Robert A. McConnaughey⁴. Emil De Borger<sup>5</sup>, Justin Tiano<sup>5,6,7</sup>, Michel J. Kaiser<sup>8</sup>, Andrew K. Sweetman<sup>9</sup> & Marija Sciberras<sup>8</sup>

Received: 29 April 2021 Accepted: 6 February 2023

Published online: 10 May 2023

ARISING FROM E. Sala et al. Nature https://doi.org/10.1038/s41586-021-03371-z (2021)

Check for updates

Difference in

estimated

CO<sub>2</sub> release =

2 - 3

orders

of magnitude

(x100 - x1,000)

Bottom trawling disrupts natural carbon flows in seabed ecosystems owing to sediment mixing, resuspension and changes in the biological community. Sala et al. 1 suggest that seafloor disturbance by industrial trawlers and dredgers results in 0.58-1.47 petagrams (Pg) of aqueous CO<sub>2</sub> release annually (equivalent to 0.16-0.4 Pg carbon (C) per year). owing to increased organic carbon (OC) mineralization, which occurs after trawling. We are concerned, however, that Sala et al. overestimate trawl-induced CO2 release, because their model uses a reactivity value (k, the first-order decay rate) estimated for highly reactive OC delivered recently to the sediment surface, and apply it to bulk sediment (typically composed of labile, recalcitrant and refractory C), which is known to have a much lower reactivity<sup>2</sup>. These assumptions result in an upward bias in the estimated CO<sub>2</sub> release by several orders of magnitude, overestimating the impact of trawling on global OC

The parameter values in Sala et al. ignore the important role of composition in driving OC mineralization in marine sediments. OC that reaches the sediment represents a mixture of compounds that range from highly reactive to very unreactive molecules3. Typically, around 70% (represented by the fraction of reactive material, p, of 0.70 for muddy sediment in the model of Sala et al.1) is highly reactive and mineralized by microorganisms within the first few centimetres of sediment, which translates into a high k value (reactivity of the OC pool, 1-10 per year (yr<sup>-1</sup>)). The remaining, less-reactive fractions are mineralized at a much slower rate, with typical k values below 0.1 yr-1 (ref. 4). Because of the preferential mineralization of the more-reactive fractions, the kvalue of the bulk OC decreases exponentially with sediment depth, generally from 1-10 yr<sup>-1</sup> at the sediment-water interface to less than 0.01 yr<sup>-1</sup> below a depth<sup>4,5</sup> of 5 cm (Fig. 1). The standing stock of OC in the sediment thus typically exhibits a k value of 0.01-0.1 yr<sup>-1</sup> Consequently, the approach Sala et al.1 have taken—using a k value of 0.3-17 yr<sup>-1</sup> and applying this to the bulk of the OC stock-may result in an overestimation of CO<sub>2</sub> release of historically buried OC by two to three orders of magnitude. We argue that incorporating the role of composition would require lowering the k value to around 0.01 yr<sup>-1</sup>, which is representative of sub-surface sediment<sup>5</sup>, and applying it to the bulk of the sediment (fraction of reactive material, p=1) or, alternatively, using the original high k values  $(k = 0.3-17 \text{ yr}^{-1})$  and applying them to the fraction of reactive material p present in historically buried OC (p = 0.001-0.01). More importantly, the calculations in Sala et al.<sup>1</sup> would have given only an estimate of OC remineralization independ-

mineralization in marine sediments (Fig. 1shows typical k values relative to sediment depth for a range of North Sea sediments).

Furthermore, the OC model presented by Sala et al. does not differentiate between OC mineralization in undisturbed sediments and that induced by sediment disturbance. Instead, Sala et al. 1 implicitly assume that the OC mineralization rate calculated using their model results from trawling disturbance alone. As a result, their model assumptions imply that the OC in an area protected from trawling is unreactive and will not be mineralized. The 'carbon model validation' section in the methods of Sala et al. clearly illustrates this issue. Sala et al. compare the modelled CO2 emissions that derive from only the trawl disturbance of historically buried OC with empirical estimates of CO2 emissions from natural-plus-trawling mineralization of all sedimentary OC, and also do not compare the emissions with those of untrawled control sites. These fundamentally incomparable measures are not suitable for the validation of their model. The fact that these measures are of the same order of magnitude illustrates that CO2 emissions by trawling are likely to be small compared with the emissions from natural mineralization<sup>6</sup> and much smaller than those modelled by Sala et al.1.

The ultimate question is whether the reactivity of the OC stock is increased by trawling disturbance and resuspension, and thus whether the k value is higher after trawling. Unfortunately, this question is not adequately addressed by Sala et al. 1. To date, our knowledge of the effects of the disturbance and resuspension of sediments induced by trawling on the reactivity of OC, and how this compares with the effects of natural resuspension events (such as storms and waves) is extremely limited. A recent review of 49 studies investigating OC stocks after trawling-induced disturbances revealed highly mixed results, with 61% of studies reporting no significant effect, 29% reporting lower OC stocks and 10% reporting higher stocks6. To robustly estimate the global impact of bottom trawling on OC mineralization, new experiments are needed that quantify the reactivity of disturbed OC in the sediment and in resuspension.

In conclusion, we currently do not know enough about the impact of trawling on seabed carbon to make robust global projections. Reliable estimates of sediment carbon loss should be based on models that use parameter estimates for the change in OC reactivity and that are tested against empirical measurements. Sala et al. suggest that reducing CO2 release through reducing trawling effort could generate carbon credits and provide an opportunity for financing marine protected areas. Although this is certainly an idea worth considering, we argue that the ent of trawling—because these k and p values are representative of OC  $CO_2$  release estimates of Sala et al.  $^1$  create unrealistic expectations about

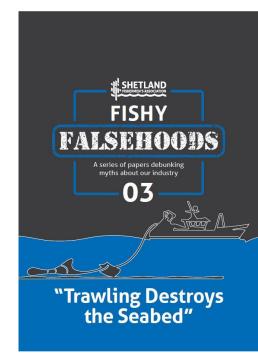
School of Ocean Sciences, Bangor University, Bangor, UK. \*Department of Geosciences, Environment & Society, Université Libre de Bruxelles, Brussels, Belgium, \*Operational Directorate Natural Environment, Royal Belgian Institute of Natural Sciences, Brussels, Belgium. "Alaska Fisheries Science Center, National Marine Fisheries Service, NOAA, Seattle, WA, USA. "Department of Estuarine and Delta Systems, Royal Netherlands institute of Sea Research, Yerseke, The Netherlands. Utrecht University, Utrecht, The Netherlands. Wageningen Marine Research, Wageningen University and Research, Umuiden, The Netherlands. \*Lyell Centre, Heriot-Watt University, Edinburgh, UK. \*Scottish Association for Marine Science, Oban, UK. \*Se-mail: J. Hiddink@ bangor.ac.uk

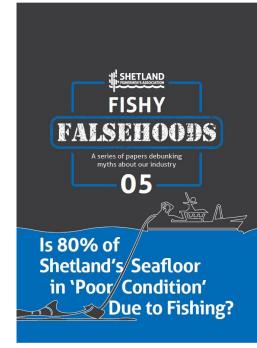
Nature | Vol 617 | 11 May 2023 | E1



"Scottish Government data shows 80 per cent of Shetland's seafloor is in 'poor condition' due to towed, bottom-contacting fishing."

"58 per cent of [Scotland's] seabed is highly disturbed."









part of Scotland's environment

Home Literature Marine Scotland Websites - Scotland's Marine Assessment 2020 - Search Q

Healthy and biologically diverse / Habitats / Deep sea / Predicted extent of physical disturbance to seafloor

#### Predicted extent of physical disturbance to seafloor



#### Background

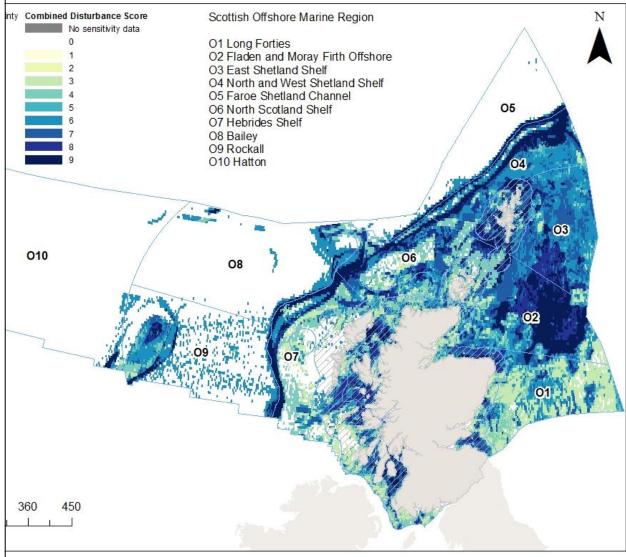
Physical disturbance can damage seafloor habitats, especially those supporting larger and more fragile species and/or those with longer recovery time. The status of seafloor habitats can be assessed using monitoring data from surveys, ideally across a long time period. However, it is not feasible to monitor the whole seafloor: currently, monitoring data are mostly available from Marine Protected Areas. A modelled approach is necessary for large scale habitat assessments across all Scottish waters. Exposure to pressures associated with human activity can be used to devise a proxy for habitat condition.

This assessment, developed for use in OSPAR and UK Marine Strategy assessments (known as 'Extent of Physical Damage' indicator (OSPAR, 2017), predicts the spatial extent and level of physical disturbance by mapping areas where pressures overlap with sensitive habitats. Currently, it only considers disturbance from surface and sub-surface abrasion caused by vessels over 12 m in length using Vessel Monitoring System (VMS) (reporting vessels) fishing with bottom contacting gears. This is considered to be the most significant pressure (Foden, 2011). The corresponding pressure maps produced using these data aggregate pressure across a large grid cell. It is assumed that fishing occurs evenly across the whole grid cell which may not be the case.

The indicator categorises disturbance at the seabed from 0 (none) to 9 (very high). Categories 5 to 9 represent higher levels of disturbance. Areas with a score of 5 and above are considered highly disturbed and, therefore, potentially in poor condition. Habitats may have a high disturbance score if they are heavily fished or, if they are fished less frequently but are highly particularly sensitive to the associated pressures.

#### Scotland's Marine Assessment 2020

https://marine.gov.scot/sma/assessment/predicted-extent-physical-disturbance-seafloor



"...predicts seafloor habitats are in poor condition across more than half of their area in nine out of 21 regions..."



## Trawl impacts on the relative status of biotic communities of seabed sedimentary habitats in 24 regions worldwide

C. Roland Pitcher<sup>a. 1</sup>, Jan G. Hiddink<sup>b</sup>, Simon Jennings<sup>c</sup>, Jeremy Collie<sup>d</sup>, Ana M. Pama<sup>e</sup>, Ricardo Amoroso<sup>f</sup>, Tessa Mazor<sup>a.g</sup>, Marija Sciberras<sup>b.h</sup>, Robert A. McConnaughey<sup>i</sup>, Adriaan D. Rijnsdorp<sup>i</sup>, Michel J. Kaiser<sup>b.h</sup>, Petri Suuronen<sup>k.l</sup>, and Ray Hilborn<sup>f</sup>

"Oceans and Atmosphere, Commonwealth Scientific and Industrial Research Organisation, Bribbane, QLD 4067, Australia; "School of Ocean Sciences, Bangor University, Menai Bridge LL59 SAB, United Kingdom;" Lowestoft laboratory, Centre for Environment, Elseries; and Aquaculture Science, Lowestoft NR33 OHT, United Kingdom; "Graduate School of Oceanography, University of Rhode Island, Narragansett, RID2882;" Centro Nacional Patagónico, Consejo Nacional de Investigaciones Cientificas y Técnicas, Puerto Madrin 9120, Argentina; "School of Aquatic and Fishery Sciences, University of Washington, Seattle, WA 98195; "Biodiversity, Environment and Climate Change, Department of Environment Land Water and Planning, East Melbourne, V16 3002, Australia; "The Lyell Centre, Heriot-Watt University, Edinburgh EH144AS, United Kingdom; 'Alaska Fisheries Science Center, National Oceanic and Atmospheric Administration, Seattle, WA 981915; "Wageningen Marine Research, Wageningen University and Research, Unmuiden 1976 CP, Netherlands; "Fisheries and Adquaculture
Department, Food and Agriculture Organization of the United Nations, Rome 00153, Italy; and 'Hisheries and fish resources, Natural Resources Institute Finland (Luke), Heisinki 00790, Finland

Edited by Alan Hastings, Department of Environmental Science and Policy, University of California, Davis, CA; received May 28, 2021; accepted November 5, 2021

Bottom trawling is widespread globally and impacts seabed habitats. However, risks from trawling remain unquantified at large scales in most regions. We address these issues by synthesizing evidence on the impacts of different trawl-gear types, seabed recovery rates, and spatial distributions of trawling intensity in a quantitative indicator of biotic status (relative amount of pretrawling biota) for sedimentary habitats, where most bottom-trawling occurs, in 24 regions worldwide. Regional average status relative to an untrawled state (=1) was high (>0.9) in 15 regions, but <0.7 in three (European) regions and only 0.25 in the Adriatic Sea. Across all regions, 66% of seabed area was not trawled (status = 1), 1.5% was depleted (status = 0), and 93% had status > 0.8. These assessments are first order, based on parameters estimated with uncertainty from meta-analyses; we recommend regional analyses to refine parameters for local specificity. Nevertheless, our results are sufficiently robust to highlight regions needing more effective management to reduce exploitation and improve stock sustainability and seabed environmental status-while also showing seabed status was high (>0.95) in regions where catches of trawled fish stocks meet accepted benchmarks for sustainable exploitation, demonstrating that environmental benefits accrue from effective fisheries management. Furthermore, regional seabed status was related to the proportional area swept by trawling, enabling preliminary predictions of regional status when only the total amount of trawling is known. This research advances seascape-scale understanding of trawl impacts in regions around the world, enables quantitative assessment of sustainability risks, and facilitates implementation of an ecosystem approach to trawl fisheries management globally.

trawl impacts | trawl footprints | recovery | habitat sensitivity | spatial upscaling

Dottom-trawl fishing occurs worldwide and is the most extensive anthropogenic direct physical disturbance to seabed habitats (1, 2). Towing trawl gear such as otter or beam trawls or dredges along the seabed has a wide range of direct and indirect impacts on habitats, the broader ecosystem, and the services they provide (3–8) and often is portrayed as a destructive fishing practice by some environmental nongovernmental organizations. However, bottom-trawl fisheries provide about a quarter of marine catch (9), making substantial contributions to global food supply and livelihoods (10). Recognition of the wider environmental consequences of fishing, including seabed impacts of trawling, has contributed to the development of an

"ecosystem approach to fisheries" [EAF (11)] that considers broader ecosystem sustainability in balance with fishery production when managing fisheries. EAF principles are being adopted widely into international and national policy commitments, fishery management plans, and sustainable-seafood certifications (12).

Balancing fishery production and ecosystem sustainability, however, remains a globally challenging issue—partly because the required indicators of ecosystem state often are unavailable or cost prohibitive to acquire at management scales.

#### Significance

We estimated the biological state of seabed sedimentary habitats, with specified uncertainty, in 24 trawled regions worldwide. Seabed status differed greatly among regions (from 0.25 to 0.999, relative to an untrawled state of 1); 15 regions had average status > 0.9. Two-thirds of all assessed seabed area was untrawled with status = 1, 93% had status > 0.8, but 1.5% had status = 0. The total area swept by trawling was a strong driver of regional status, providing a relationship to predict status from the regional estimated total amount of trawling. Seabed status is high in regions where fisheries are exploited sustainably—emphasizing that good fishery management contributes to better ecosystem outcomes—and, conversely, low status highlights regions needing improved management.

Author contributions: CRP., SJ., M.J.K., and R.H. designed research; C.R.P., R.A., T.M., R.A.M., and A.D.R. performed research; C.R.P., J.C., and A.M.P. contributed new analytic tools; C.R.P., J.G.H., S.J., and M.S. analyzed data; and C.R.P., J.G.H., S.J., J.C., A.M.P., R.A., T.M., M.S., R.A.M., A.D.R., M.J.K., P.S., and R.H. wrote the paper.

Competing interest statement: The authors have received funds from a range of sources including governments, foundations, nong overnmental organizations, and industries (see Aknowledgments) that have interests in conservation, sustainable use, and effective fisheries management—which may be perceived as a conflict of interest. However, the authors dedare that relieber these nor any other interests was directly or indirectly influenced the objectivity of this paper, and the findings and condusions in the paper are those of the authors alone, independent of their organizations of funding sources.

This article is a PNAS Direct Submission

This open access article is distributed under Creative Commons Attribution License 4.0 (CC BY).

<sup>1</sup>To whom correspondence may be addressed. Email: roland.pitcher@csiro.au.

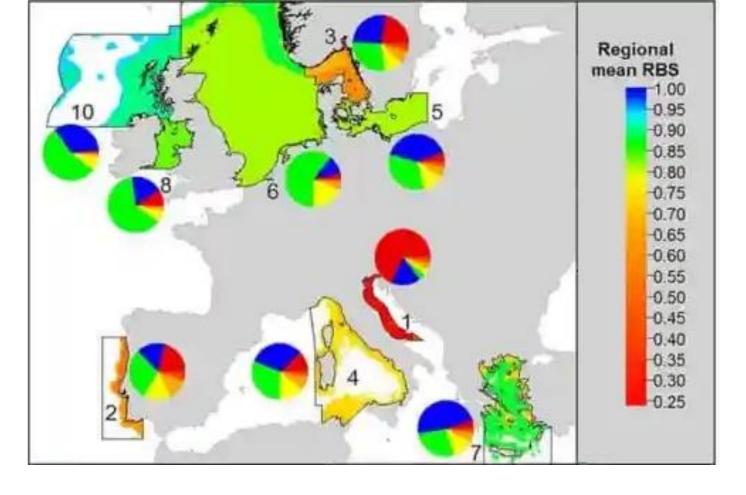
This article contains supporting information online at http://www.pnas.org/lookup/ suppl/doi:10.1073/pnas.2109449119/-/DCSupplemental.

Published January 4, 2022.

PNAS 2022 Vol. 119 No. 2 e2109449119

https://doi.org/10.1073/pnas.2109449119 | 1 of 11

NVIRONMENTAL



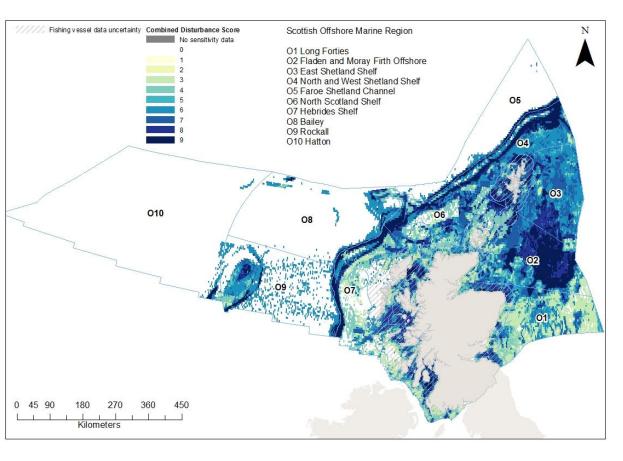
#### **North Sea RBS Scores:**

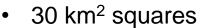
11% - 1.0 (no depletion)

72% - 0.8 (20% depletion)

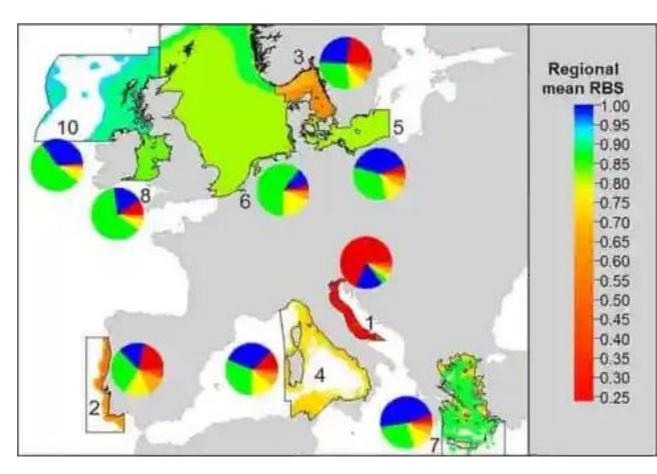
3% - 0.0 (total depletion)





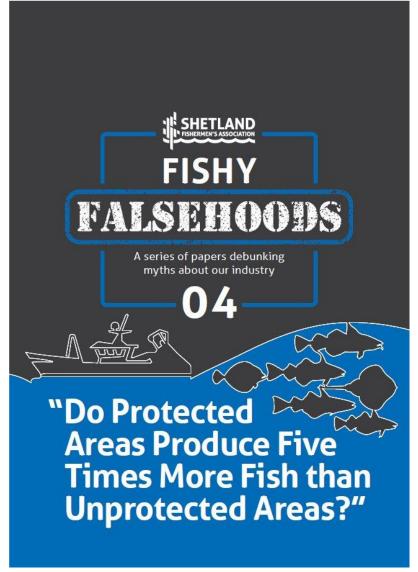


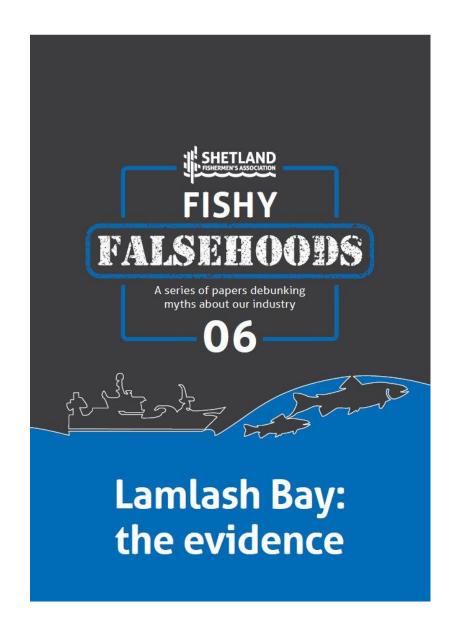
- 2-point scale ('low' or 'high' disturbance)
- 58% of [Scotland's] seabed is highly disturbed



- 1 km<sup>2</sup> squares
- Numerical scale
- 72% of North Sea has RBS score >0.8











### Fishing v. Not Fishing

Fishing v. Other Means of Food Production

### Net gains

Eating wild-caught fish is better for the environment and biodiversity than consuming meat or even crops, argues RAY HILBORN.

n 2010, a friend said to me: "I'm an environmentalist, should I stop eating fish?" I responded: "If you don't eat fish, what are you going to eat?" He replied that as he wasn't a vegetarian, he would eat more meat. This led me to start exploring the environmental cost of fishing, compared with other ways of producing food.

All types of food production require resources such as fuel, energy, land, water, fertiliser, antibiotics and equip-

ment. This produces environmental impacts such as greenhouse gases, water shortage, soil erosion, nutrient and acid pollution, antibiotic-resistant bacteria and loss of native biodiversity. The impact of different food production systems differs greatly, and has increasingly been the subject of scientific research.

In his 2013 book The Perfect Protein, Andy Sharpless, CEO of the ocean conservation organisation Oceana, wrote: "But what if there was a healthy, animalsourced protein that [could be enjoyed] without draining the life from the soil. without drying up our rivers, without polluting the air and water, without causing our planet to warm even more, without plaguing communities with diabetes, heart disease and cancer." That perfect protein is, of course, wild-caught fish. Fish can be caught with almost no water, no herbicides or pesticides, no antibiotics, and no soil erosion. The two major environmental impacts of fishing are greenhouse gases primarily from fuel use, and impacts on biodiversity.

The greenhouse gas footprint of fisheries varies enormously and depends almost totally on fuel use. Globally, most fish are caught from motorised vessels. Fuel use

can range from as little as 50 litres per tonne of product, to more than 4000 litres. The most fuel-efficient fisheries are those that go after dense schools of fish such as mackerel, herring, whiting and pollock, but the large salmon fisheries in Alaska and a host of other fisheries can use as little as 100 litres per tonne. These fuelefficient fisheries have a much lower greenhouse gas footprint than livestock, and can be as low as some crops.

We have all heard that the oceans are being emptied of fish, and many people think fishing has more biodiversity impact than livestock or crops. Nothing could be further from the truth. A key difference between fisheries and crops is that fisheries target specific species and leave the base of the marine food chain (phytoplankton and zooplankton) alone. Fisheries certainly affect the abundance of the target species, and some non-target species, but usually affect only a small portion of the species in the seas.

Several studies (published in the journals Conservation Letters. Marine Ecology Progress Series and Scientific Reports, and including two by myself and co-authors) have shown that the total abundance of fish in the sea is either unchanged or actually higher because

of fishing. This is because fisheries tend to target predatory fish. Because the small "forage fish" are naturally far more abundant than their predators, their increase more than compensates for the reduction of the predators.

ll crops, and almost all nongrazing livestock production. Adepend on eliminating natural ecosystems and replacing them with fields of monoculture crops. Biodiversity is largely eliminated. Certainly, most crops have a lower greenhouse gas footprint than capture fisheries, but that is the only environmental metric where crops outperform fishing.

A recent study by myself and colleagues, published in the Proceedings of the National Academy of Sciences, found that the two major threats to ocean ecosystems were climate change and coastal impacts from sediment, pollution and habitat loss. Fisheries were the impact of least concern.

Many people believe that a vegan diet has the lowest environmental impact. While that is probably true for greenhouse gases. it is certainly not true for other effects, especially for loss of biodiversity. Growing soy requires transforming land from natu-

ral habitat to crops. A vegan diet also causes the direct mortality of sentient animals. Anyone who has harvested a field of grain knows that plenty of wildlife gets caught in the harvesting machines.

In summary, then, wild-capture fisheries, across almost all environmental impacts, are more environmentally friendly than livestock or crops.

Ray Hilborn is professor of aquatic and fishery science at the University of Washington. He is the keynote speaker at a seafood seminar in Wellington on February 16.

SUBMISSIONS for Upfront should be approximately 600 words long and should be sent to listener@memedia.co.nz. Full contact details must be provided.

largeted: wild-caught fisheries have

species and leave the

base of the marine

food chain alone.

Fisheries target specific

an impact only on certain species.

FEBRUARY 18 2023 LISTENER



The science of sustainable seafood, explained

Home

About Us ▼

Start here

Seafood 101

Fact Checks

Information -

# New review shows bottom trawling is sustainable (when well-managed)

Max Mossler

Seafood produced by bottom trawling can have impact than chicken or pork, according to a ne yesterday. Writing in the ICES Journal of Mari 2023 argues that banning bottom trawling wou environmental impacts by increasing terrestria

Tulu on 2000

"...trawling impacts are well below most animal-source foods... banning bottom trawling... would actually increase negative global environmental impacts."

ICES Journal of Marine Science, 2023, 80, 1567–1579 DOI: 10.1093/ficesjms/fsad115 Advance access publication date: 19 July 2023 Food for Thought



#### Evaluating the sustainability and environmental impacts of trawling compared to other food production systems

R. Hilborn <sup>1</sup>, R. Amoroso , J. Collie <sup>2</sup>, J. G. Hiddink <sup>3</sup>, M. J. Kaiser , T. Mazor , T. Mazor , R. Hilborn <sup>3</sup>, M. J. Kaiser , T. Mazor , T. Mazor , J. Collie <sup>3</sup>, M. J. Kaiser , T. Mazor , M. J. Kaiser , M

R. A. McConnaughey<sup>7</sup>, A. M. Parma<sup>8</sup>, C. R. Pitcher<sup>5</sup>, M. Sciberras<sup>3,4</sup>, and P. Suuronen<sup>9,10</sup>

<sup>1</sup>School of Aquatic and Fishery Sciences, University of Washington, Seattle, WA 98195, USA

Graduate School of Oceanography, University of Rhode Island, Narragansett, RI 02882, USA

<sup>3</sup>School of Ocean Sciences, Bangor University, Menai Bridge LL59 5AB, UK <sup>4</sup>The Lyell Centre. Heriot-Watt University. Edinburgh EH14 4AS. UK

Oceans and Atmosphere, Commonwealth Scientific and Industrial Research Organisation, Brisbane, QLD 4067, Australia Biodiversity, Environment and Climate Change, Department of Environment Land Water and Planning, East Melbourne, VIC 3002, Australia

Alaska Fisheries Science Center National Oceanic and Atmospheric Administration. Seattle WA 98115 USA

8 Centro para el Estudio de Sistemas Marinos Centro Nacional Patagónico-CONICET, Puerto Madryn, Chabut 9120, Argentina

<sup>9</sup>Fisheries and fish resources, Natural Resources Institute Finland (Luke), Helsinki 00790, Finland

<sup>10</sup>International Seafood Consulting Group (ISCG), Helsinki 00100, Finland \*Corresponding author. tel. +206-883-5049; e-mail: hilbornr@gmail.com.

Mobile bottom contact goer such as travite is widely considered to have the highest environmental impact of commonly used fishing gests, with concern about impact on benthic communities, beatch, and carbon footprint frequently highlighted as much higher hand from sof fishing. As a result, the use of such geers has been banned or severely restricted in some countries, and there are many proposals to implement such restrictions elsewhere. In this paper, we review the sustainability of bottom traveling with respect to trapel-species sustainability, impact on benthic communities, bycatch and discards, carbon footprint from fuel use, and impact on carbon sequestration. We compare the impact on better forms of fishing and other food production systems. We show that bottom-travel and dredge fisherines have been sustained, and where well imeraged, stocks are increasing. Enterine sedimentary habitats remain in good condition where fishing pressure is well managed and where well managed, stocks are increasing. Enterine sedimentary habitats remain in good condition where fishing pressure is well managed and where well managed, stocks are increasing. Benthic sedimentary habitats remain in good condition where fishing pressure is well managed and where well managed, stocks are increasing. Benthic sedimentary habitats remain in good condition where fishing pressure is well managed and where well managed on conditions. By the production of conditions of conditions of conditions of conditions of conditions of conditions. By the production of conditions of conditions. By the production of conditions of conditions of conditions of conditions of conditions of conditions. By the production of conditions of conditions of conditions of conditions of conditions of conditions. By the production of conditions of conditions of conditions of conditions of conditions of conditions of conditions. By the conditions of conditions of conditions of conditions o

Keywords: Bottom trawling, bycatch, carbon footprint, discards, environmental impacts of fishing.

#### Introductio

Bottom trawls (such as beam trawls, otter trawls, and shellfish dredges, which we will refer to as bottom trawls) are designed to catch target species that live close to, in, and on the seabed. The use of bottom trawls as a means of catching fish has met with increasing opposition due to its impact on seafloor habitats and biological communities (Watling and Norse, 1998; Watling, 2013), its high bycatch rates (Pérez Roda et al., 2019; Gilman et al., 2020), CO2 release from fuel use (Tyedmers, 2004; Sala et al., 2022), and, lately, its potential contribution to greenhouse emissions through the release of stored carbon from disturbed seabed sediments (Sala et al., 2021). Although the magnitude of those impacts remains the subject of intense scientific debate (Pitcher et al., 2022), concerns about the environmental impacts of trawling have fueled strong public campaigns, resulting in bottom trawling being demonized (Willer et al., 2022), severely restricted, or effectively banned in some countries and regions (McConnaughey et al.,

However, bottom trawling accounts for 26% of global marine fisheries catches (Steadman et al., 2022), providing food and employment for millions of people at a time when the contributions of marine fisheries towards the United Nations Sustainable Development Goals (United Nations, 2002) and, specifically, to meet the food and nutrient needs of a growing population, are increasingly recognized. While alternative fishing gears and methods may be available and economically viable in some cases, many benthic and demersal target species would be difficult to acthe without some form of bottom trawling (Ziegler and Valentinsson, 2008; Suuronen et al., 2012).

From this perspective, bottom trawling needs to be considered as one form of food production, and its sustainability and environmental footprint should be compared to footprints of other ways of producing food, including other capture fisheries, aquaculture, livestock, and crop production.

The purpose of this paper is to summarize the current knowledge about the sustainability and environmental

Received: 24 October 2022: Revised: 29 June 2023: Accepted: 4 July 2023

OTHe Author(s) 2023, Published by Oxford University Press on behalf of International Council for the Exploration of the Sea. This is an Open Access article distributed under the terms of the Creative Commons Attribution License (https://creativecommons.org/licenses/by/4.0/), which permits unrestricted reuse, distribution, and reproduction in any medium, provided the original work is properly cited.





# It's Complicated!





